## PRINCIPAL LORENZ RESIGNS

**VICTORIA PAN** editor-in-chief

It has been a great five years as principal of Ridgewood High School for Jack Lorenz. Unfortunately, he will be resigning at the end of this year, not too far from now. Lorenz remarked that it is due to his "philosophy and leadership style not being in concert with the expectations of the Ed. Dr. Fishbein, Su-Center." perintendent of Schools, had no comment on that quote and expresses only good remarks about the principal. "Mr. Lorenz is one of the most creative and committed principals I have had the pleasure to work with. He had developed and implemented many great programs and courses at Ridgewood High School. He has steered RHS through great improvements and masterfully through community tragedies that have impacted the student body and faculty."

It is without a doubt that Lorenz's numerous achievements during his career overshadow recent events. Lorenz's fondest memories include a new cupola, symbolic of the rebuilding of the school and the S.A.I.L program, which

has opened up new opportunities for disabled students. His accomplishments also include the new language lab that incorporated a \$750,000 infusion of technology and excitmitment," said Anjali Shah, physics teacher at RHS. She has been a teacher who has spearheaded a new course he has created, called Physics and Art. "He has helped me

on educational environment has accelerated Ridgewood in that direction; hence, it has been a pleasure and honor for me to work in such a place."

The next step in Lorenz's



Lorenz has been the principal of RHS since July 2006 and will be missed by the entire school community.

ing new courses in the school curriculum. "Mr. Lorenz has known the values of student learning and ways to promote it with personal com-

to change the momentum of teaching and learning dynamics with introduction of this unheard new course. His recognition of 21st century demands journey is in Golf Shores, Alabama where his family and new home awaits. He is not sure about the next step in his career journey but he

plans to remain in the field of education. In fact, he is interested in becoming a part of online virtual learning communities at a college level.

"I've had a wonderful time here at RHS. The students are invigorating and inspiring and the staff and community are absolutely outstanding," he remarks.

Lorenz's last day at RHS will be on December 22. He is "looking forward to a new adventure," but his "fond memories of RHS" will always remain a part of him. Lorenz has been a truly inspirational leader, actively engaged with students and faculty and involved in their daily lives. "I will miss having the opportunity to walk into his office seek his insight and advice," said Greg McDonald, the Supervisor of Mathematics, Science, and Technology. And so will many. Lorenz has brought about so many new changes to the school system and will forever be remembered as an encouraging, vibrant and caring principal of Ridgewood High School.

Good luck, Mr. Lorenz, in your future endeavors!

### RIDGEWOOD COMMUNITY MOURNS PASSING OF FIRST GRADER KELLY CREEGAN



PATRICIA GONZAGA/the high times

Ridgewood mourns Kelly Creegan

#### **ZOE DARTLEY** editor-in-chief

November 17 is a day that will never be forgotten by not only the friends and family of Kelly Creegan, but also the entire community of Ridgewood. Kelly was near and dear to the hearts of many Ridgewood High students. Some were her camp counselors, while a few taught her at Ridgewood Irish Dance. Her friend's au pair accidentally struck the six-year-old girl when she was pulling into the driveway.

There are no words to describe the depth of this tragedy. Kelly was taken to Valley Hospital and pronounced dead on the way. Authorities have released

few details about the accident.

Detective Christopher Mc-Dowell states that no charges have been filed, but the investigation is ongoing. Kelly was a member of Ridgewood Irish Dance, the Daisy Girl Scouts, the Kindness Club and the Ridgewood Soccer Association. Kelly touched the hearts of many, including freshman Samantha McCarthy, who taught Kelly at Ridgewood Irish Dance.

McCarthy states, was probably the most energetic and sweetest little girl I've ever met. She always had a smile on her face and she was one of those kids who always made me smile."

### VETERAN'S DAY CEREMONIES HELD AT GRAYDON PARK



Flowers near the new plaque.

news editor

This year on Veteran's Day, Saturday November 11, at the 11th hour, Ridgewood residents gathered in Graydon Park to remember the village residents who died fighting in World War I.

The ceremony for Veteran's Day is normally held at Van Neste Square: however. this year's unique service included a rededication ceremony for a plaque installed at Graydon Park to honor the memory of the 14 Ridgewood casualties from World War I.

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#### Occupy Wall Street

Bloomberg's efforts to control riots by force backfires



#### Thanksgiving Feature

What to expect from this year's Macy's Thanksgiving Day Parade

# the high new 1 CWS

#### VETERAN'S from page 1

On November 8, 1931, 14 ash trees were planted in Graydon Park at Ridgewood's Community Armistice Service - one to honor each village resident who gave their lives fighting in World War I. Near each tree was a bronze plaque bearing the name of one of the men. Today, most of the original plaques and trees are gone.

Legionnaire Chris Stout of the American Legion Post 53 has spearheaded the effort to collect the original plaques and create a new plaque with the names listed.

The new plaque was hung up on the side of the building at the Graydon Park Patio, "in a ceremony of renewal and remembrance." The plaque bears the insignia "For God and Country." In addition, a symbolic tree commemorating the 14 men was planted at the Linwood Avenue entrance to the park.

In attendance were Ridgewood residents young and old. The ceremony featured a dual historical perspective: Stout gave a talk on the 14 soldiers and the history of the plaques while local historian and librarian Peggy Norris discussed the history of Graydon Park.

Other keynote speakers

were Ridgewood Councilman

Stephen Wellinghorst, Bergen County Executive Kathleen Donovan, Reverend Kyu Tae Pak, Reverend and retired Captain of the U.S. Navy Thomas C. Marsden, Reverend and retired Commander

of the U.S. Navy Norman F. Brown and Commander Bob

A Ridgewood firefighter pays his respect to the Veteran's Memorial.

Paoli of the American Legion Post 53.

The U.S. Army Field Band and Solders' Chorus performed their "Armed Forces Medley." Later on in the program, Sally Ann Tumas-Skoric went in front of the audience to perfrom "God Bless America," and listeners were encouraged to sing along.

RHS Junior Choong Ryu commented, "The most interesting and patriotic moment in the Veteran's Day Ceremony was when everyone took off their hats and sang "God Bless America."

A pamphlet was handed out to all attendees of the ceremony. It included this important tribute to all those who have served in the armed forces: "A tribute and thank-you to our aging veterans...of WWII & the veterans of the Korean War who helped to preserve that victory. Finally, a long overdue thank-you to veterans of the Vietnam War."

times

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### SCHOOL DISTRICT HOSTS TEACHERS FROM KOREA

**KRUTHI KELLA** staff writer

From November 2 to December 23, The Ridgewood Public Schools will play host to ten English teachers from Korea through the Bernard College Ticket Program.

The "Ticket" program invites English teachers from Korea to enroll in a course at Bloomfield College to learn how to improve teaching strategies and oration. The visitors also have the opportunity to observe and participate in English classes at Benjamin Franklin Middle School, Orchard Elementary and Ridge Elementary.

The program aims to help the teachers speak English more fluently and be able to teach English more accurately.

Superintendent for Curriculum, Instruction and Assessment for Ridgewood Public Schools, explained that, "The 'Ticket' program places guest

teachers from Korea in our classrooms to work alongside our own teachers. We participated with this program two years ago, and we found that it was a great opportunity for students to learn first-hand about another culture. It was also a great opportunity for teachers to share ideas across continents."

HELEN PENG /the high times

Of the ten visiting teachers, six are graduates of Seoul National University and will be hosted by Benjamin Franklin Middle School. The four others are elementary school teachers from Incheon, South Korea, and will be hosted by Ridge and Orchard Elementary Schools.

The Ridgewood Board of Education welcomed the Korean teachers during the Board of Education meeting Regina Botsford, Assistant on Monday, November 21 at the Ridgewood Education Center. The meeting will air on television and be availble online on the Ridgewood website on Thursday, November 24.

### FOOD AND CLOTHING DRIVE FOR PATERSON HURRICANE VICTIMS

MYUNG JIN (RUBY) KAN staff writer

Community service Project Interact organized last month food and clothing drives to help Paterhurricane victims.



The city of Paterson sustained severe damage from Hurricane Irene last August. Flooding caused the Passaic River to displace residents in several parts of the city. Over 5,000 households were affected, leaving many in need of shelter and supplies.

After learning from RHS teacher Dr. Lillian Labowsky about the Yale Alumni Association's oath to help Paterson

victims, Project Interact initiated a clothing drive within the club and a food drive within the high school. The goal was to collect supplies to donate to CUMAC-ECHO, a nonprofit organization that works to support people in crisis.

Throughout the month of October, donations boxes were set up around the school building. Students donated non-perishable food items, personal care products, bedding and clothing.

On November 8 club members loaded bags of food and clothing into Dr. Labowsky's car to be shipped off for donation.

Club supervisor Nancy Reilly said, "I am so amazed by how students never hesitate to give back to others. When the project was brought to us by Dr. Labowsky and the Yale Alumni Association, the P.I. members went immediately to work."

Any student or staff who wishes to make a donation visit cumacecho.org.



CALLING ALL SENIORS!

Your pictures are needed for the Senior Yearbook!

Send to:

rhs2012yearbook@aol.com

# high opinion

# JAMES HANSEN PROPOSES A NEW DEBATE INSTEAD OF FOCUSING ON THE WHY, FOCUS ON THE NOW



CAMILLE DAVIS sports editor

This summer we suffered through the searing heat and this past winter shoveled our way out of record-breaking amounts of snow and ice. Climate change is one of the most controversial subjects debated our society. Many people argue that global warming and the recent outbreaks of natural disasters can all be attributed

to the earth's natural climate cycles rather than to human activity. Is there really anything we can do today that will prevent us from certain disaster? Understanding the issue is not the easiest thing to do. Information is widespread and doomsday terms such as "global warming "or "climate chaos" cloud, rather than clarify, the issue.

I, for one, am interested in nothing to do with humans, getting answers so I went to an but that the human effect on

event hosted by North Jersey Public Policy at BCC on September 22<sup>nd</sup>. The guest speaker, scientist James Hansen, has been studying climate change for decades. He is one of the leading experts in his field and is one of Time Magazine's "100 Most Influential People on Earth".

Hansen explained that the majority of climate change has nothing to do with humans, but that the human effect on

climate change is ten times greater than any other influence. Hansen emphasized that we do need to stabilize climate or "we will leave young generations with a mess."

The young generations Hansen referred to was ours. Not our children, or our grand-children, but you and me. We are the ones in danger.

Hansen then presented his slightly terrifying picture of why we need to act now. However, Hansen was not fatalistic in his approach to the terrifying situation he was presenting, nor did he pretend to have all the answers.

In fact, Hansen proposes one of the most interesting solutions to our fossil fuel crisis, a carbon tax. To lower carbon emissions, we need to use more sustainable forms of energy, but green energies are so expensive and are not cost-effective when compared to fossil fuels. He insists, however, "If you make fossil fuels pay their price to society, pretty quickly it will allow other energies to compete."

A carbon tax is an interesting solution that could allow an easier introduction of green energies into our market.

So I asked which form of green energy he thought had

the greatest potential to replace fossil fuels. Hansen replied that algae based bio fuels are very promising, but that mostly he regretted the fact that America was not leading the way with the development of safer, more efficient nuclear

"Human
effect on
climate change
is ten times
greater than
any other
influence."

power plants.

Hansen made it clear we still have a small window of opportunity to turn things around. There are a lot of green energies out there; they only need a market in which they can compete.

Overall, the conference left me convinced that though climate change is occurring, it may matter less why it is occurring than it does what we need to do to stop it.

## BLOOMBERG'S MISSTEP IN HANDLING OF OWS PROTESTORS

ERIC SUN staff writer

This past Tuesday, Mayor Bloomberg issued eviction notices to the Occupy Wall Street protestors due to unsanitary conditions and rowdy behavior. The court of New York upheld the decision and police officers were sent to Zuccotti Park to enforce the eviction notices. 200 protestors and journalists were arrested. The eviction may have put a damper on activities within the park but ultimately served to strengthen the Occupy Wall Street Movement by providing a scapegoat for the issues-- Bloomberg, the government and the elite 1%.

Bloomberg's suppression of the movement will only further hostilities towards "the 1%," of which Bloomberg is a member.

Mayor Bloomberg was justified in his concerns about public safety in Zuccotti Park. Where he made a mistake, however, was in his decision



to evict the protestors using police force. The use of force gives the movement popularity and creates more riots and violent protests.

These protesters already feel abandoned by the government and Bloomberg's decision lends credence to their feelings.

Instead of simply issuing eviction notices and forcefully removing protestors from the park, Bloomberg would have been better served in work-

ing with protestors to find a solution to the problem. He missed an opportunity to prove that the government and the 1%, which he represents, are indeed supportive of the 99% and their cause.

At the same time, however, Wall Street occupants need to respect city officials and public spaces and work with Bloomberg to find a solution all parties can be satisfied with.

## DARE TO BE DIFFERENT: CHALLENGE THE STATUS QUO

SARA SANDLER staff writer

What does our generation lack? Variety.

Have you ever gone for a road trip and kept the same radio station on the entire time and heard the same fifteen songs over and over again? There are products every single teenager must have. For girls, maybe Ugg boots. And you can't walk down the hall without seeing ten guys wearing mid-calf socks and basketball sneakers.

This generation of Americans, and even other parts of the world, find something they like and reuse it to its death, until the trend dissolves. There are a few exceptions to the status quo: the girl who doesn't listen to Rihanna or the guy who has never owned a pair of Nike sneakers.

Do teenagers follow these trends because they enjoy them? Or just because they fear not being accepted by the people that do? "Your future is your own and shouldn't be restricted by the standards of someone else."

This fear of challenging the status quo may cause many people to repress the things that make them unique. Maybe at a school where drama kids are considered "weird," kids who would have auditioned for the school play won't because of the status quo. Say goodbye to talent that could have been but never was.

Next time you're considering entering a photography contest or maybe you just want to buy that eccentric shirt some girls may find bizarre, do it because your future is your own and shouldn't be restricted by the standards of someone else.



# FANTASTIC FALL CROSS

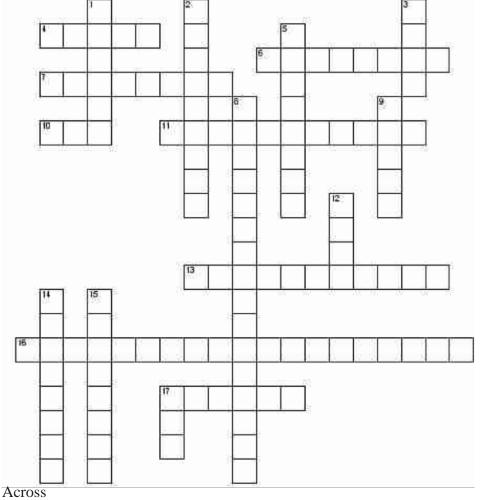
#### Before the big day:

- 1. Map out your exact route, and make sure every member of your party has a copy.
- 2. Watch Extreme Couponing and brush up on your saving skills.
- 3. Take some sort of karate or self-defense class.
- 4. Practice your sprinting.
- 5. Check your credit card balance.
- 6. Pack a bag with socks, pepper-spray, and a few doses of caffeine.
- 7. Research lawyers in the area, just in case some sort of incident occurs.

#### On the big day:

- 1. Wake up at approximately 4 in the morning.
- 2. Wear an outfit that: seems a little big, to accommodate that post-Thanksgiving bloat; is simple enough to match all your tryon clothes; and in which you can move around easily.
- 3. Do some stretches to wake yourself up. Give up on the stretches and drink a gallon of caffeine.
- 4. Eat some leftover pie for breakfast, and don't worry, you'll burn off the calories battling other shoppers.
- 5. Go out and be the most aggressive, bargain hunting shopper to ever hit the mall.

...Oh, and be sure to come home in one piece!



- 4 Turkey chick
- 6 Millions of people watch this sport on TV every Thanksgiving
- 7 The Thanksgiving delicacy that is cooked inside the turkey
- 10 Female turkey
- 11 This is another major holiday in November
- 13 A Native American tribe who originated in the New Jersey area
- 16 This ended at 2AM on November 6th
- 17 The signature food of the Thanksgiving meal

#### Down

- 1 Another name for the fall season
- 2 This fruit is featured in Thanksgiving meals
- 3 The season we are currently in
- 5 Pocahontas' tribe
- 8 This historical figure wanted the turkey to be the national bird
- 9 This department store puts on a magnificent parade each year
- 12 You will need this to pick up all of the leaves that have fallen
- 14 These fan out colorfully on a turkey
- 15 These people shared a great feast with the Native Americans
- Male turkey

**BRITTANY CHUNG** staff writer

The Macy's Thanksgiving Day Parade is an iconic event



of the holiday season. The Macy's Thanksgiving Day Parade, which will celebrate its 85<sup>th</sup> anniversary this year, is a special show for millions of Americans in their homes and on the streets of New York City. This year, more than 3.5 million people will be able to see the parade in person, and about 50 million viewers will watch the television broadcast. The parade will begin at

West and end at Macy's Herald Square. Every year, it features many classic balloons and floats along with several new ones. The newest additions to the parade this year are Paul Frank's iconic monkey "Julius," "ZHU-niverse" and "Frozen Fun Fall." These make up just a fraction of the 44 novelty balloons, 27 floats, 800 volunteer clowns, 1,600

77th Street & Central Park

cheerleaders and 11 marching

Of course, Santa Claus will conclude the parade on his 60foot sleigh, a festive reminder that Christmas is just around the corner. Several celebrities are making appearances this year, including Mary J. Blige, Cobra Starship, Neil Diamond, Cee Lo Green, Avril Lavigne, and Scott McCreery, just to name a few.

# the high PHOTOGRAPHY



One of my favorite saying goes as follows: "Count your blessings, not your problems." As Thanksgiving approaches, it's the perfect time of the year to reflect on the good things in life. Yes, many of us are stressed over our busy lives and personal daily nuisances. Let this short month, however, be a time to start looking at the glass half-full. After all, that's really what Thanksgiving is about.

Colors of Vermont
Alison Graham

In this vivid landscape that comes only once a year, fall foliage frames the view of a small town and its rushing waterfall. I was lucky to stumble upon the rich reds, deep greens and golden browns that give the natural gift of color and add magic to this already beatiful place, hidden in its glory.



As we all know, with Fall comes leaves in brilliant shades of red, yellow, and orange. But as the season dwindles to an end, the leaves change too. The colors become less vibrant, the leaves more battered, and the air more bitter. Still, during this time we can all truly appreciate what the seasons have to offer. November brings wind, rain, and even snow, and it is during these times when the beauty of a changing leaf truly means the most.



As Thanksgiving approaches, the piles of leaves in the streets grow along with the stacks of recipe books in the kitchen. As we get older, we realize the true importance of this holiday. As Marcie said in 'A Charlie Brown Thanksgiving', "Thanksgiving is more than eating, Chuck...we should just be thankful for being together." This is a beautiful time to reflect on the comfort and love of our families and the privilege of having each other's company.



# the ARTS TIMES ENTERTAINMENT

## DISNEY DOWNGRADE

ALEX DENEVE staff writer

Remember when we were young, when we used to look into the future with Raven or fight Dr. Drakken with Kim Possible? Whatever happened to the simplicity and innocence of old Disney shows? *Phil of the Future* and *Lizzie McGuire* used to be the highlight of our day. Now whenever I turn on

*Deck*, overweight Woody is the butt of all the humor.

In a 2010 poll, it was revealed that 76% of children say that Disney Channel is not as enjoyable as it used to be. Even many parents have started to complain about the downfall of Disney Channel. A review on the channel criticizing a show called *A.N.T. Farm* said, "I am very disappointed and was shocked by the re-



trendmonitor.org

Disney Channel was created in late 1982, and has been attracting millions of viewers ever since.

the TV, all I see are young girls dressed like they're twenty, sass-talking one another. Everywhere I look, I see a young girl showing off her *Shake It Up* shirt or her *Good Luck Charlie* backpack. Disney seems to have forgotten the importance of family and morals, as well as the fact that the customers' happiness matters more than the cash.

Disney seems to have forgotten the importance of family and morals.

The attitudes of the shows have started to change in a negative manner. Whatever shows Disney Channel decides to air highly influence the behavior of the viewers, especially young girls. Instead of using their influence in a positive way, Disney and other channels targeted at kids and pre-teens are encouraging terrible morals and stereotypes by airing shows that make it look "cool" to do badly in school and to be mean to the "nerd" in class. In Shake It Up Rocky and CeCe are terrible students who dress older than they are. In The Suite Life on

cent October episode of MUT "ANT" FARM. It is a very negative show for our children. The references to Zombies eating the students, the vampire drinking the blood and the phone call from Satan were horrible. My daughters and I were very disturbed watching this and won't be watching this episode again."

Disney shows tend to become a hit or a miss. *Phineas and Ferb* appears to be Disney's only recent "hit". This show has one of the simplest plot lines, yet it has some of the best and most respectable humor on Disney. Who could not love Ferb's accent, Phineas' ridiculous energy, Perry's sly agent work, and Candice's obsessive crushes? This show on Disney is the only one that I would say has found the right formula for success.

Even though many do not approve of the "new Disney," it still seems to be doing well, and putting out more shows all the time. With 2.69 million viewers, Disney Channel has the biggest audience ever recorded for a cable TV station. Newer shows include A.N.T Farm and Jessie. Although people are agreeing more and more that Disney's shows have mostly gone down a wrong road, it appears that the TV channel is still rolling in money. The question is: is the controversy worth the extra attention and revenue?

# TWILIGHT @ MIDNIGHT



Breaking Dawn Part 1 came out in theaters November 18, and stars Robert Pattinson, Kristen Stewart, and Taylor Lautner.

STEVEN LEE staff writer

Another year, another installment of the Twilight Saga film series. However, this time, things are a bit different. Similar to the previous blockbuster film, Harry Potter and the Deathly Hallows, The Twilight Saga: Breaking Dawn is split into two parts, being released at different times. Part 1 was released November 18. Part 2 won't be in theatres until November 16, 2012, a whole year after the release of Part 1.

For those few people unfamiliar with the film series, it is the story of Bella Swan, a teenage girl who is in a relationship with Edward Cullen, a vampire. This unconventional relationship filled with

dangers forces Bella to go through complicated emotional twists and turns in the films. Her emotional turmoil includes struggling to protect her family from the various villains in the series, maintaining her relationships with her human friends (as well as with the werewolf Jacob Black who is against her relationship with Edward and the prospect of her becoming a vampire). In addition she must deal with her insecurities over her inadequacy to be dating the extremely handsome Edward.

Due to the strategically planned Thanksgiving release, many rushed to buy tickets, making the midnight premiere the second highest grossing midnight release of all time. Although others

prefer the original books by Stephanie Meyer, more and more people are trying out the film adaptations, even those who have not read the series.

Breaking Dawn Part 1 starts off with the long anticipated wedding of Bella and Edward, followed by their honeymoon. However, the honeymoon is cut short when Bella becomes pregnant. What at first seems to be a romantic love story quickly turns into a story of survival. Bella, as a human, has some unknown species developing inside her that will likely kill her during laborif not before. The Cullen clan, the werewolf Jacob Black, and parts of his pack must put aside their differences to protect Bella and her unborn child.

Like the other *Twilight* films, *Twilight Breaking Dawn* Part 1 has some corny moments and some bad acting that cause the audience to burst out laughing.

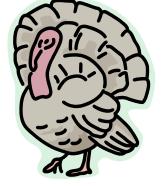
Senior Mollie Grunat said, "I think that the movie was really good overall, but sometimes it was so overdramatic I couldn't help but laugh."

Despite its awkward or unintentionally comical moments, countless fans will stand by the films and go to see the books they love come to life on screen.

So those who have a taste for vampires, instead of just sinking your teeth into turkey over Thanksgiving, try taking a bite out of *The Twilight Saga: Breaking Dawn Part 1*.

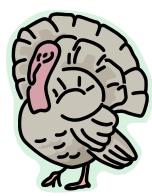
## 85th Macy's Thanksgiving Day Parade New Floats!

Frozen Fall Fun
Hats Off to Our Heritage
125th Anniversary of Statue of Liberty Float
Whole New "Zhu"-niverse
PB Bear



Where to Watch!

Central Park West
Columbus Circle
7th Avenue
42nd Street
6th Avenue
34th Street



(Tune in @ 9 a.m. on Thursday, November 24)

## THANK YOU, COACH GLYNN!

**JACKSON STONE-ESPOSITO** AND TANNER GARRITY staff writers

When asked to pick which victory has meant the most to him during his long coaching career at Ridgewood High School, Coach Michael Glynn comes up empty. In his defense, he does have many to choose from. The Ridgewood cross-country team has amassed a stunning eleven Bergen Meet of Champions titles, nineteen North 1 Group 4 Sectional titles, and two State Group IV Championships. How has Coach Glynn been able to achieve such success?

Michael Glynn was born in Brooklyn and grew up on Staten Island, originally playing baseball and basketball. During his freshman year at St. Peter's High School, the cross country coach convinced him to come out and run in order to get in shape for basketball. Glynn says he "fell in love with running" and ultimately did not end up trying out for basketball. He then pursued a successful career at Iona College, running the half-mile in a phenomenal time of 1 minute 50 seconds. Even after his personal career ended, Glynn could not stay away from the sport. Ever since he was a 16year-old in high school Glynn has grown up knowing he wanted to coach. Everything came together for him when Glynn heard about the opening of Paramus Catholic, a new school in Bergen County. At Paramus Catholic,

Glynn began developing his coaching philosophies. He coached "by feel," and blended teachings he had gathered from his own experiences with the coaches he had once run

rne, who has been featured in a 1977 Sports Illustrated article. There apparently always was a tremendous hype surrounding his every race, and the pressure on Kevin

turing abilities, which helped Byrne run his way to Georgetown University, were then brought to Ridgewood in the late 1970's. Glynn's friend had

called him up, encouraging

I've been here ever since." Luckily, Coach Glynn has created a champion team at Ridgewood High School. Currently the team is ranked 5th in the state, and Ridgewood has dipped into Northeast's top 10 ranking a few times. No matter the season, Glynn's goal remains the same - "Win." Maybe this is

his key to success.

Ridgewood High School pulls in about four hundred students each year and approximately two hundred boys. Of those, less than an eighth come out for cross-country. Since Glynn is a coach at a public school, he lacks the ability to personally recruit athletes for his team. Thus the question is, why are Coach Glynn's teams so consistently competitive on the NJ scene? "Tradition." Glynn affirms that incoming freshman learn and eventually understand Ridgewood cross-country's great tradition and want to become a part of it. He also shares credit with parents who act as great motivators and role models for Ridgewood's determined runners. Coach Glynn always tells those who are thinking about joining crosscountry or long distance track team, "Take a look at our list of All-Americans, and that should help you decide if you want to be a part of this."

Fortunately, Coach Glynn is not leaving any time soon. How many years exactly does he have left? "You're only as old as you feel, and I feel like a million bucks."



Ridgewood High School Cross country coach Michael Glynn in a team huddle during the winter track 2010-2011 season.

for. In this fusion of coaching methods Coach Glynn found a way to create his own "style." This later enabled him to sculpt one particular student and confident before and afinto a superathlete - Kevin By-

was constant. Glynn acknowledged that although it was a challenge, he knew it was his job to keep Byrne relaxed ter every race. Glynn's nurhim to apply for a guidance position and an eventual coaching job. Glynn said, "I was raising three [kids] and Ridgewood could give me a great raise. It was a great opportunity, and

### WELCOMING WINTER SPORTS AT RHS

**SARAH DAVIS** staff writer

Unfortunately the fall season is coming to an end and for many athletes, this signifies the end of fall sports as well.

Celebratory banquet are be- of a new season is about to our high school sports teams. The nostalgic banquets might induce sadness and lead to the reminicence of fond memories. However, the adventure



The Ridgewood High School girls' swim team of the 2010-2011 season after winning State Sectionals.

ing held to commemorate the begin because the student's numerous accomplishments of competitive spirit cannot be lost. Rather, they are just beginning to get pumped up for a completely new season! Welcome winter sports! Basketball, swimming, wrestling, winter track, bowling, ice hockey, and cheerleading are starting, allowing Ridgewood High School to maintain the unity and team spirit throughout the winter season.

The debuts for some winter sports are November 15th while others begin the following week. Most of the sports kick-off with tryouts, in which many new and hopeful athletes are eager to earn a spot on a team. Compared to other seasons, the winter season is the longest and for some, the hardest. Not only do athletes overcome regular strenuous



Joe Oliva from RHS against Vincent Macaluso from St. Joseph's in the quarter finals of the 2010-2011 season.

workouts but they also have to defeat the chill and frankly disheartening months of winter.

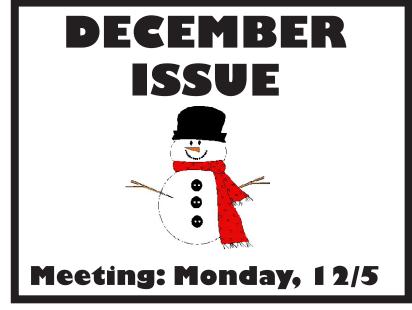
We must bid fall sports farewell, but let's all welcome the beginning of the winter season!

## December 2011

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 -3DAY -Maroon and White Recital/Exhibition -Marching Band Awards Dinner	2 -2 DAY -RHS Ensembles at Downtown for the Holidays	3 Band Poinsetta Delivery
4	5 -1 DAY -High Times staff meeting room 244	6 -4 DAY -Tri M Music Honors Society Meeting	7 -3 DAY -Band Concert	8 -2 DAY -SEA Club Meeting -New Players Rehearsal Dinner	9 -1 DAY -New Players production of The Importance of Being Earnest	10 -ACTS at RHS -New Players production of The Importance of Being Earnet
11	12 -4 DAY -Global Learning Meeting	13 -3 DAY	14 -2 DAY -Choir Concert	15 -1 DAY -SEA Club Meeting	16 -1 DAY -NPC Babysitting Event	17
18	19 -3 DAY -Global Learning Meeting	20 -2 DAY -Band Association Meeting	21 -1 Day -Hanukkah	22 -4 Day -ALPS Meeting	23 -3 Day -Latin Club Meeting	24 -Christmas Eve
25 Christmas Day	26 December Recess No School	27 December Recess No School	28 December Recess No School	29 December Recess No School	30 December Recess No School	31 New Years Eve

# UPCOMING MEETINGS FOR THE HIGH TIMES

If you are interested in writing for The High Times please attend our next staff meeting!



Staff meetings will be held at Unit Lunch in Room 244.